

## MID-COLUMBIA GYMNASTICS RECREATIONAL GYMNASTICS SCHEDULE



**REGISTER ON [WWW.MCGA.ORG](http://WWW.MCGA.ORG)**

ALL OF THE BELOW AR AT FOWLER GYM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Monday	Tuesday	Wednesday	Thursday	Friday
TUMBLE ROOS							TUMBLING-FOWLER (All Tumbling is Co-Ed)					
Baby Roos (8-17mo) (30min)			10:25a				6-11 yr Beginner		*11a	*11a, 7p	7p	6, 7p
Tiny Roos 18mo-3yrs (45min) a.m.		9:15,*11a		9:15a	9:15a	10a	6-10 yr Intermediate			7p	7p	6,*7p
Tiny Roos 18mo-3yrs (45min) p.m.	5:15,6:15p	5:15,6:15p		5:15,6:15p	6:15p		11-18 yr Beginner/Int.	7p	*7p		7p	
Little Roos 3-4yr (45min) a.m.		*10, *11a	*9:15,*10a	9:15,10a		9,11a	6-18 yr Adv.**	8p		*7p		
Little Roos 3-4yr (45min) p.m.	4:15,5:15,*6:15,7p	*12:15,4:15,6:15p	5:15,6:15p	*4:15,5:15,6:15,*7p	12,4:15,5:15p		FREESTYLE GYMNASTICS (Co-Ed)-FOWLER					
Boys 4-7 yr Bronze daytime classes		10a	*10a				8-16 yrs			8pm		
Girls 4-6yr Bronze daytime classes		*10a/12:15p	10a	9,10a/*12:15p	12p	10,11a	Prism (Special Needs/Spectrum)-FOWLER					
Hot Tots-Adv 3-5yrs**			9a,6p		6p		4-12 yrs co-ed	Sundays 10am (parent participation)				
GIRLS GYMNASTICS							Pre-School Cheernastics-FOWLER					
4-6 yr Bronze 1 evening classes	4,5,6,7p	4,5,6p	4,6p	4,5,7p	4,5,6p		3-5 yrs co-ed	Thursdays 11am Opening October 3rd!				
5-7 yr Bronze 2 evening classes	4,5,6p	4,5,6p	4,5,6p	4,*5,6p	4,5p		Pre-School Ninjanastics-FOWLER					
5-7 yr Silver**	5,*6p	4,5p	5p	*5,6p	*5p		3-5 yrs co-ed	Thursdays 2pm Opening Oct 3rd!				
5-7 yr Gold (85min)**	5:30p	5:30p		5:30p			<div>Classes are 55 min unless otherwise indicated</div> <div>Class sizes are limited, pre-registration is required.</div> <div>*=Class needs more interest to open    **=Invitation Only</div> <div>Each new student receives a Guaranteed to Love It 1st Class! Register prior to 1st class on our website <a href="http://www.mcga.org">www.mcga.org</a></div> <div>Upon enrollment (after 1st class) Family Annual Registration of \$50 is charged (good for 1 year from when paid)</div> <div>Monthly Tuition :<div>30 min- \$35</div><div>45 min - \$53</div><div>55 min - \$60</div><div>85 min - \$75</div><div>120 min - \$90</div></div> <div>Please Note- Class times are subject to change</div> <div>Fowler Location 1523 Fowler Street Richland, WA 99352</div> <div>Gage Location 8382 W. Gage Blvd Ste N Kennewick, WA 99336</div>					
7-10 yr Bronze 1&2	4,5,6p	5,6p	4,5p	4,5,6p	4,5p							
7-10 yr Silver **	4,5,6p	4,5,6p	4,5p	4,5,6p	5p							
7-10 yr Gold (85 min)**	4,6p	4,6p	4,5:30p	4,6p	4p							
6-12 yr Platinum (120 min)**					5p							
10-18 yr Platinum (120min)**	7p		6p									
11+ yr	7p		7p (intermediate)									
BOYS GYMNASTICS												
4-6 yr Bronze 1	4,5,6p		4p	4,5,6p	4,5p							
6-8 yr Bronze 2		4p		6p								
6-8 yr Silver **	4,5p	4p	*6	*5p	5p							
6-8 yr Gold**(85min)		4p										
8-12 yr Bronze 2	4p			4p								
8-12 yr Silver**		5p		5p	*4p							
8-12 yr Gold* (85 min)**	6p			*5:30p								
8-12 yr Platinum (120 min)**			6p									
Hot Shots - Boy's Pre-Team (120 min)**			4p		4p							

RECREATIONAL CHEER-GAGE (Cheer is Co-Ed & held in sessions)

		MON	TUES	WED	THURS
3 yr #lilforce (45 min)					6:00p
4-6 yr Impact (45 min)		6:30p	4:15p	5:30p	
4-6 yr Momentum**					4:30p
6-8 yr Gravity			6p	4:30p,6:30p	
6-8yr Magnetism**					6:45p
9-11 yr Velocity			7p		
9-11 yr Amplitude**					
12-18 yr Torque				7:30p	

Sessions run aprox. 12 weeks each  
#lilforce & Impact \$164 / all other classes \$185  
Session Cost Includes T-Shirt & Hairbow for performance  
Jan-March Arctic Force  
April-June Force Spring Spirit  
July-September-Force Summer Squad  
October-December-Force Flips for Fall

How to Schedule Your Free Trial:

Register online [www.mcga.org](http://www.mcga.org)  
(when you enter your child's birthday, it will show you all available classes)  
Choose ONE class for the trial in the class you would most likely enroll in so it is same teacher, atmosphere, etc.  
Fees will be posted, however, you will not be charged until after 1st class.  
We do require a working credit or debit card on file for automatic payments  
Fowler Location has specific parking rules you can check out on our website  
Your child can wear something comfy to 1st class, we don't have required attire just no zippers, buttons, snaps, jewelry, etc. Long hair pulled back  
Arrive a few minutes early so we can show you where to go  
After the trial, let us know how it went and if you would like to keep coming  
If you decide it's not a good fit we will remove all charges.  
If you decide you want to continue your card will be charged for Annual Registration and prorated tuition amount for remainder of month  
A date needs to be selected to automatic payments (if you would like to pay with a different method just make sure to do so before your scheduled date.

Sibling Discount 10%  
Multi-Class Discount 50% off 2nd class

